

STP FAQs – Frimley Health and Care System

What is a Sustainability and Transformation Plan?

The Frimley Health and Care Sustainability and Transformation Plan (STP) is one of 44 plans in the country set up to deliver health's Five Year Forward View' (www.england.nhs.uk/ourwork/futurenhs/).

The Frimley Health and Care plan covers a population of 750,000 residents through nine councils (county, borough and district). It sets out how social care and health services delivered by councils and health authorities will become a more integrated system fit for the future.

The plan runs from 2016 to 2021 and builds on the work already taking place to transform health and care provision in the region.

What will the Frimley Health and Care Sustainability and Transformation Plan do?

As there are increasing financial pressures on the health services and social care it must be joined together so we have a clear plan on how to work together in a sustainable way to meet the needs of our residents.

The Frimley Health & Care STP will provide benefits to the communities and individuals will:

- Be supported to remain as healthy, active, independent and happy as they can be.
- Know who to contact if they need help and be offered care and support in their home that is well organised, only having to tell their story once.
- Work in partnership with their care and support team to plan and manage their own care, leading to improved health, confidence and wellbeing.
- Find it easy to navigate the urgent and emergency care system and most of their care will be easily accessed close to where they live.
- Have confidence that the treatment they are offered is evidence based and results in high quality outcomes wherever they live - reduced variation through delivery of evidence based care and support.
- Increase their skills and confidence to take responsibility for their own health and care in their communities.
- Benefit from a greater use of technology that gives them easier access to information and services.
- As taxpayers, be assured that care is provided in an efficient and integrated way.

To date the plan has been co-designed and developed with clinicians and wider staff from all organisations within the system. Going forward we plan wider engagement and co-design of details of the plan with residents, patients and wider stakeholder groups.

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What is the focus for the next five years?

There are five priorities for our area:

1. Improve wellbeing and increase prevention, self-care and early detection.
2. Improve treatment planning for patients with long-term conditions, including greater self-management and proactive management across all providers.
3. Provide proactive management for people who have multiple, complex and long-term physical and mental health conditions, to reduce crises and prolonged hospital stays.
4. Redesign urgent and emergency care, including integrated working and primary care models providing out of hospital responses to reduce hospital stays.
5. Reduce variation and health inequalities to improve outcomes and maximise value for citizens across the population, supported by evidence.

What are the key highlights for the Frimley Health and Care STP?

- People can get a GP appointment from 8am to 8pm Mon to Fri, which is 420,000 more GP appointments across east Berkshire, North East Hants and Farnham and Surrey Heath.
- Increased access to urgent weekend care coordinated across healthcare and social care
- More services delivered away from hospital in more appropriate settings
- A new hospital at the Heatherwood site
- New A&E at Wexham Park Hospital
- Revamped maternity services at Wexham Park Hospital

Is the STP all about saving money?

The financial challenges faced by the NHS and local authorities nationwide are well documented and difficult decisions about how to be more efficient in the way we deliver healthcare and social care do need to be made. We will work together to reduce overlaps, become more efficient and invest in out of hospital services to spend the public pound on the most appropriate and sustainable services for the future.

How will patients benefit? How will we notice the difference?

Residents will continue to have access to high quality consistent care as close to home as possible, with specialist services centralised where necessary and social care will work seamlessly with GPs and other community support services.

The plan has been developed by social care professionals, councillors, clinicians and wider staff from all organisations and wider stakeholder groups. We will work with residents to develop the services and support they need.

How will it affect staff?

The STP will encourage staff to work differently and more jointly which will enable better care and support for the people our staff look after.

They will benefit from greater use of technology that gives them easier access to information and releases time to care.

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There will be more opportunities to work across different settings within the system.

There will be more seamless processes wrapped around patients and individuals and not organisations.

It has already built greater understanding across different sectors of health and social care and this will continue to help us jointly solve our challenges.

Who is accountable or responsible for delivery of the STP?

All of our organisations have signed up to the plan and are all responsible for making it happen. Going forward, all organisations involved in the STP are ensuring their organisational plans and priorities are aligned with the STP.

We are all responsible for doing our bit, including all of our residents and staff. We will work closely with them to develop the services and support they need to keep them healthier for longer.

Through the STP are we losing the localism and returning back to Strategic Health Authorities?

The STP has focused on taking the best initiatives and examples from across the different areas and looks to scale them up to get the greatest impact. They may be adapted for local need, so that each community can be involved in helping shape them and benefit from them.

Have you had any public involvement in the development of the STP?

Our proposals have been informed by a range of activities and ongoing engagement with the public and clinicians as part of local initiatives such as New Vision of Care, the NEHF Vanguard and the Surrey Health Alliance, as well as strategic health needs assessments and health and wellbeing strategies from across the STP.

Public engagement is critical and the detail within the plan will be developed with patients and the public.

What's next?

The plan covers a period of five years (from 2016 to 2021) and was submitted to NHS England on 21 October 2016. They are now publically available on all partner organisation websites.

We will now begin a phase of sharing our proposals with local people and groups and gathering their views, to help shape the detail of the plans going forward. We want to make sure that we will deliver care that works for residents and patients, and is sustainable.

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Why do we need another plan? Will this one work?

This plan addresses the financial situation of both health and social care. It enables us to work better together. Having this plan enables a coordinated team to come together, and actually holds organisations to account to deliver. We also need to work within the envelope of the public finances we are given.

Will this plan work? Yes based on our existing track record:

We already have an existing track record of working to deliver better quality care through local acute hospitals and we have one of the best A&E delivery boards in the country which is a credit to all partners across health and social care.

We also have a track record around delivering to tackle health inequalities so for example in Slough there is ongoing work for diabetes and in Windsor, Ascot and Maidenhead it is around dementia care. Our prevention agenda is also in partnership for example in Bracknell, Self-Care Awareness Week is a huge joint programme of work. We are also a pilot for the national Diabetes Prevention Programme.

Who is part of the Frimley Health and Care Sustainability and Transformation Plan?

An STP footprint is the term being used to describe the areas that a STP plan covers.

There are 44 STP footprints across the country in total.

The Frimley Health planning footprint consists of a population of 750,000 people registered with GPs in five clinical commissioning groups (CCGs): North East Hampshire and Farnham; Slough; Windsor, Ascot and Maidenhead; Bracknell and Ascot; and Surrey Heath.

The plan is being led by Sir Andrew Morris, Chief Executive, Frimley Health NHS Foundation Trust.

The Sustainability and Transformation Plan planning footprint is the population of 750,000 people registered with GPs in five CCGs:

- NHS Bracknell and Ascot CCG
- NHS North East Hampshire and Farnham CCG
- NHS Slough CCG
- NHS Surrey Heath CCG
- NHS Windsor, Ascot and Maidenhead CCG

Other stakeholders include:

Frimley Health NHS Foundation Trust

GP Federations

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- A GP federation is a group of GP practices that decide to collaborate to provide improved access and quality whilst reducing variation in general practices' services.

Mental health providers

- Berkshire Healthcare NHS Foundation Trust
- Surrey and Borders Partnership NHS Foundation Trust
- Sussex Partnership NHS Foundation Trust

Community providers

- Southern Health NHS Foundation Trust
- Virgin Care

Ambulance Trusts

- South Central Ambulance Service NHS Foundation Trust
- South East Coast Ambulance Service NHS Foundation Trust

Councils

- Bracknell Forest Council
- Guildford Borough Council
- Hampshire County Council
- Hart District Council
- Royal Borough of Windsor and Maidenhead Council
- Rushmoor Borough Council
- Slough Borough Council
- Surrey County Council
- Surrey Heath Borough Council
- Waverley Borough Council

GP Out of Hours Services

- East Berkshire Primary Care
- North Hampshire Urgent Care

Want to be involved?

Contact us at shccg.communications@nhs.net to find out more about the STP.

Come to our next public meeting from 2-4.30 on Tuesday 31st January 2017, at The Camberley Theatre.